

KSC Bulletin

<http://ksbulletin.ksc.nasa.gov>

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Published weekly under the provisions of KNPD 1590.2. Submit items to KSC Bulletin using the Online Request form. All notices contained herein must comply with the nondiscriminatory principles of the Federal Equal Opportunity Program. Advertised items must be available without regard to race, color, religion, sex, age, national origin, or disability.

DEADLINE FOR OFFICIAL/UNOFFICIAL/PERSONAL NOTICES IS TUESDAY, 9:00 am

OFFICIALS

INSPECTOR GENERAL: The Office of Criminal Investigations (OCI) is the investigative arm of the NASA Inspector General (IG). The OCI is an independent entity and reports directly to Robert Cobb, the NASA IG, in Washington D.C. The primary mission of this component is to conduct criminal and civil investigations of reported or suspected fraudulent acts by employees, contractors, and others relating to the administration of NASA contracts and programs. Although emphasis is placed on major procurement fraud, (particularly allegations of defective/substandard parts, mischarging, kickbacks, bid rigging, and research fraud), investigations are also conducted of theft, conflict of interest, environmental and hazardous waste violations, health care fraud, and computer related crimes. OCI also provides fraud briefings for Government and contractor employees that are designed to highlight potential risks concerning fraud and related matters. Suspected violations can be reported by calling 867-4714 locally, the toll free Hotline at 1-800-424-9183, or by writing NASA Inspector General, P. O. Box 23089, L'Enfant Plaza Station, Washington, D.C. 20024. The OIG Cyber-Hotline can be accessed at www.hq.nasa.gov/office/oig/hq. (OIG)

SECURITY NOTICE: Florida State Statue 316.1975, Unattended Motor Vehicles, states: "no person driving or in charge of any motor vehicle except a licensed delivery truck, or other delivery vehicle while making deliveries, shall permit it to stand unattended without first stopping the engine, locking the ignition, and removing the key." Do not leave the engine running in your unattended vehicle, at any time. (TA-G)

REPORTING EMERGENCIES: To report any emergency on KSC, whether it is fire, security, or medical related, (including possible hazardous commodity exposure); dial 9-1-1 or 867-7911 from a cell phone. For walk-in type first-aid treatment, the Occupational Health Facility is open Monday - Friday from 7:00 am to 5:00 pm, and the Launch Area Clinic is open Monday-Friday 7:00 am to 3:00 pm. Hours other than those, call 9-1-1 for emergencies and/or first aid type treatment. **After normal working hours, the non-emergency medical related assistance will be coordinated through the 9-1-1 operators.** (TA-G)

EMPLOYEE ASSISTANCE PROGRAM: All employees are reminded that the Employee Assistance Program offers free, confidential counseling to all Kennedy Space Center and Cape Canaveral Air Force Station employees. Appointments are necessary to ensure adequate time. This program is available Monday through Friday, 7:30 am. to 4:00 pm. Appointments may be made by calling 867-7398. (TA-C2)

MASSAGE THERAPY: "HOLIDAY DISCOUNT", April 4 through April 18, 2006, a 30 minute MASSAGE is only \$20.00. Contact Valerie, (L.M.T. #19362) at 867-4762 or JaramVS@ksccems.ksc.nasa.gov. Massage Therapy available Tuesday - Friday, hours are flexible. Room 1023, O&C Building. Gift certificates also available. (TA-C2)

KSC/CCAFS HEALTH EDUCATION & WELLNESS PROGRAM (HEWP): <http://hewp.ksc.nasa.gov>

April 2006 Men's Health

When it comes to men's health, a disease state that affects men in particular is cancer. Specifically, prostate, testicular, and colorectal cancers affect many men each year. The best defense against cancer is early detection. Finding a cancer early before it has spread gives you the best chance of being cured.

Hardcopies of the Men's Health packet is available at all medical and fitness facilities. If you or your department/organization would like to be added to the monthly packet hardcopy distribution list, please call Kris Calderon at 867-3414.

HEALTH EDUCATION INFORMATION TABLE:

The monthly health education table will be set up outside the O&C Cafeteria on April 6th from 11 AM to 1 PM where HEWP staff will distribute men's health information including information from the American Cancer Society.

COLORECTAL CANCER SCREENING:

Small amounts of blood in your stool, which can be detected with hemoccult slides, can be an indication of colorectal cancer. Hemoccult slides and instructions are available at all medical facilities during hours of operation.

SPECIAL EVENT: TAKE THE 5-A-DAY CHALLENGE! LAST DAY APRIL 21ST

The HEWP in conjunction with Lackmann Food Services is challenging the spaceport to eat at least 5 servings of fruits and vegetables a day. Take the challenge by picking up a challenge sheet at any cafeteria, fitness center (including O&C, OSB, and Cape fitness centers), health clinic, or by e-mailing hewp@jbosc.ksc.nasa.gov to be e-mailed a sheet (if you have received a sheet electronically, please include your name and phone number on the sheet upon completion).

Complete the challenge sheet according to how many fruits and/or vegetables you ate each day and turn it in for a prize drawing. You must eat at least 5 servings of fruits and/or vegetables a day for a week to submit a challenge sheet! Sheets can be dropped off at any location where they are available or can be mailed to "HEWP" at mailcode: CHS-005.

Prizes include a free massage, free dietary analysis session, and free body composition/physical assessment and personal training session, each from our occupational health services here at the spaceport. A prize will be awarded every two weeks of the challenge (for a total of 3 prizes) from the sheets submitted during that 2-week period. Drawings will be held April 12th (from sheets turned in weeks 3&4), and April 26th (from sheets turned in weeks 5&6).

10 Reasons to Eat 5 or More Daily Servings of Fruits and Vegetables

1. Reduces your risk for cancer
2. Helps you have a healthy body
3. Tastes and smells great
4. Results in healthy looking skin
5. Good for your immune system – fewer colds and flu
6. Helps lower your blood pressure
7. Reduces your risk of blindness
8. Reduces your risk of Alzheimer's disease
9. Adds color to your plate and your life
10. You have only one body in this life



Take the challenge – eat 5 a day!



FUEL FOR WOMEN:

Fuel 4 Women Newsletter: This month's Fuel 4 Women newsletter is on skin health for women. The newsletter will be available at all spaceport clinics and fitness centers and will be distributed at this month's Health Education Information Table.

Fuel 4 Women List Serve: All women at the spaceport can join the Fuel 4 Women list serve where monthly newsletters and program announcements will be e-mailed to list serve members each month.

Please contact Jessica Crews, Health Education Intern at Jessica.Crews@jbosc.ksc.nasa.gov for more information about or ideas for *Fuel 4 Women* and to join the list serve.

2006 CARDIOVASCULAR DISEASE (CVD) SCREENING SCHEDULE:

DATE	PLACE	TIME
Wednesday, May 17th	OHF	7-9 a.m. (2 hrs)
Wednesday, June 14th	OHF	7-8 a.m.
Thursday, June 15th	LAC (MFF)	7-8 a.m.
Wednesday, July, 12th	OHF	7-9 a.m. (2 hrs)
Wednesday, August, 16th	OHF	7-8 a.m.
Thursday, August 17th	LAC (MFF)	7-8 a.m.
Wednesday, September, 13th	OHF	7-9 a.m. (2 hrs)

2006 CARDIOVASCULAR DISEASE (CVD) SCREENING SCHEDULE: (Continued)		
Wednesday, October, 11th	OHF	7-8 a.m.
Thursday, October 12th	LAC (MFF)	7-8 a.m.
Wednesday, November, 15th	OHF	7-9 a.m. (2 hrs)
Wednesday, December, 6th	OHF	7-8 a.m.
Thursday, December 7th	LAC (MFF)	7-8 a.m.

OHF – Occupational Health Facility (M6-495, Industrial Area @ KSC)

LAC (MFF) – KSC Launch Area Clinic (Multi-Functional Facility @ KSC)

The 2-page CVD questionnaire can be picked up at any medical facility. The questionnaire can also be downloaded from the SGS home page/forms: <http://ksbcoc-forms/KSCForms2/ref/KSC28-1010.itr>. This form can be filled out on-line and then printed. Please print each page separately. You must fast for 12 hours prior to coming to the screening (nothing but water).

STRESS MANAGEMENT WORKSHOP: Any employee group can request delivery (at any time of the year, during the workday) of a newly developed, interactive workshop designed to teach employees how to handle stress at their workplace and in their lives. The workshop can be condensed to 30 minutes or extended to more than an hour for optimizing coping and relaxation skills.

Kris Calderon, PhD, CHES, BCIAC, KSC/CCAFS Health Education Administrator will be offering this workshop. Kris is certified in biofeedback and has used relaxation training for stress management in her teaching, service, and research. If interested, please contact her at 867-3414 or e-mail at Kristine.Calderon@jbosc.ksc.nasa.gov for more information. The workshop can be delivered in any worksite setting.

VISION SCREENING SCHEDULE:

No appointment is necessary. Visit the OHF during this time and ask for a vision screening.

Tuesday April 25 11:00 am-1:00 pm

WORKSITE LECTURES: Work-site lectures on any health subject and requests for health information or counseling are available upon request to Kris Calderon, phone: 867-3414, e-mail: Kristine.Calderon@jbosc.ksc.nasa.gov. (TA-C2)

NASA/JBOSC OUTBOUND SHIPMENTS: To help ensure that all users of the JBOSC Shipping Department have their requirements met, the following procedure must be adhered to: Shipments processed through the JBOSC Shipping Department are for official government business only. Personal shipments are not authorized. All shipments must be accompanied by a properly completed shipping request document (KSC Form 7-248 or DD-1149). Carrier freight bills without the proper KSC forms will not be accepted. Shipments involving hazardous materials must have a Material Safety Data Sheet (MSDS) or other technical data sheet. Small priority/overnight shipments, including letters, must be received in the JBOSC Shipping Department no later than 2 p.m. or they will be processed on the following workday. Large priority shipments and/or shipments requiring extensive packaging must be received at least 48 hours prior to the required date at destination. Government property tagged items need to be routed through the proper Property Control Office before requesting the shipment and/or, if required, accompanied by a copy of a property custodian's approved KSC Form 1602. If you have any questions or require further information, call the JBOSC Shipping Section at 867-3501 or 867-7998. (TA-E1)

GSA VEHICLE USERS: NASA and Contractor employees are reminded that it is illegal to use GSA vehicles for personal reasons: visits to cafeterias, Credit Unions, Sundry Stores, or to supplement carpools. Use of vehicles owned/leased by the Government is restricted to Official Government business. (TA-E1)

THE SCIENTIFIC AND TECHNICAL INFORMATION: The NASA STI Program Home Page on the World Wide Web is accessible at URL <http://www.sti.nasa.gov>. The NASA STI Program provides ready access to over three million aerospace and related citations. This service is run by the NASA Center for AeroSpace Information (CASI) for the lead NASA Center, Langley Research Center. (TA-E1)

KSC LIBRARY NEW SPECIFICATIONS AND STANDARDS: The following are available for use in the KSC Library Documents, Specifications, and Standards Department, HQ-1124, but are not available for loan:

ANSI-Z136.6-2005 American National Standard for Safe Use of Lasers Outdoors
CGA-C-3-2005 Standards for Welding on Thin-Walled, Steel Cylinders
CGA-C-10-2005 Recommended Procedures for Changes of Gas Service for Compressed Gas Cylinders
CGA-C-18-2005 Methods for Acoustic Emission Requalification of Seamless Steel Compressed Gas Tubes
CGA-E-7-2006 Medical Gas Pressure Regulators, Flowmeters, and Orifice Flow Selectors
CGA-P-5-2005 Suggestions for the Care of High Pressure Air Cylinders for Underwater Breathing
CGA-P-15-2005 Filling of Industrial and Medical Nonflammable Compressed Gas Cylinders
CGA-P-18-2006 Standards for Bulk Inert Gas Systems

To search the Library's on-line catalog go to: <http://nasagalaxie.larc.nasa.gov>
For questions, call 867-3613 or mailto: KSCLibrary@jbosc.ksc.nasa.gov (TA-E1)

AUTHENTICATED:

Janet A. Mayers

Center Services (TA-E1)



867-4714

IF THE DOOR IS HOT--OPEN IT NOT!!

UNOFFICIAL

CAFETERIA: VISIT OUR WEBSITE TO VIEW MENU CHANGES. EACH CAFETERIA IS DIFFERENT.
[HTTP://CAFETERIA.KSC.NASA.GOV/](http://CAFETERIA.KSC.NASA.GOV/)

KSC TOASTMASTERS: Space Center employees are constantly in the public eye and in situations which require them to represent the United States Space Program. Employees are encouraged to develop their communication and leadership skills to meet this challenge. Toastmasters International is a professional, multi-level training program for both beginning and advanced education in the critical skills of "listening, thinking, and speaking"—all important tools in both the work environment and your personal lives. NASA has recognized this by reimbursing civil servants for the cost of training. For more information on the Toastmasters organizations and the three different locations/dates for training sessions at KSC and CCAFS, contact Mike Schnoke, Jack Jamba, Bill Cleaver, or Nona Mamaradlo at 784-7502.

KSC BARRACUDAS: The KSC Barracudas Skin and Scuba Diving Club holds monthly general meetings on the third Tuesday at 7:00 pm at the Merritt Island Public Library, 1195 N. Courtney Parkway, Merritt Island, FL 32953. All members and guests are invited. For more information, contact Bill Little at 476-4282 or email at cudas@mindspring.com. Visit our web site at www.mindspring.com/~cudas/home.html

SONGBIRD WATCH: Merritt Island National Wildlife Refuge Volunteer, Al Brayton, will be leading a walking tour in pursuit of migrant warblers and other songbirds on Saturday, April 15th, 2006 at 8:00 am.

Please meet at 8:00 am at the refuge information kiosk located at the refuge entrance on State Road 406 (East of the Max Brewer Bridge). The group will bird at the kiosk area and then caravan to Palm Hammock Trail for additional songbird viewing.

Wear comfortable walking shoes, bring binoculars, insect repellent and water. Please contact ranger Nancy Corona at 321-861-0668 or by email at Nancy_Corona@fws.gov to make reservations or for additional information. The visitor center is located on State Road 402, 5 miles east of U.S. 1 in Titusville.

NEW POLE & TROLL ZONES IN THE MOSQUITO LAGOON: Two Pole & Troll Zones have been established in Mosquito Lagoon. To be in compliance with the regulations of the Zones, internal combustion engines must be off, (except in the posted channels) and boats drafting more than 12" at rest may not enter. Boats that enter the zone must switch to a non-internal combustion power source such as polling or paddling. Electric trolling motors are permitted. Boats may operate under power only in the posted running channels. The boundary of the Pole & Troll Zones is posted with white or yellow buoys and the running channels are marked with red and green day markers.

The Pole & Troll Zones were developed with extensive input from anglers and are intended to improve the quality of flats fishing and reduce prop scarring. The two Pole & Troll Zones cover 3,143 acres of the 21,000 acre Mosquito Lagoon.

NASA EXCHANGE: Exchange stores are open Monday through Friday. HQ 7:00 am-4:30 pm, OSB 7:00 am-5:15 pm, O&C 8:00 am-4:00 pm and SSPF 8:00 am-4:00 pm. Visit our web page at <http://nasaexchange.ksc.nasa.gov> for more information.

KSC EXCHANGE - HAIR SHOPS: Our shops offer a full line of services for men and women. This includes regular haircuts, perms, frosts, beard trims, razor cuts, shampoos and colors! Visit us in the HQ building, room 1251 (7-7077), and see Sharon or Janet from 8:00 am until 3:30 pm. In the OSB building, room 1118 (1-3026) come in and see Fred or Rocky from 8:00 am until 4:00 pm. Call for an appointment but walk-ins are welcome!

KSC EXCHANGE - CITGO GAS STATION: This week's specials are tire rotation and brakes. Tire Rotation for cars are only \$15 and vans and trucks are \$20. Balancing is extra. Front brakes for \$94.95 and that includes semi-metallic pads and turn rotors. Rear drum brakes are \$84.95 and rear disc brakes are \$114.95. These prices are for most vehicles. Call 453-1254 for more information and/or to make an appointment. Pay at the pump is open 24 hours -- Gasoline, Bio-diesel and E85 Ethanol are available. CITGO and most major credit cards accepted. For information, call 453-1254.

FLORIDA SPACE ACADEMY – SUMMER CAMP: The Florida Space Authority is offering a science and space based Academy for High School students (9 -12 grade) this summer. The students will experience real-world engineering and 'hands-on' problem solving situations in a variety of disciplines – GPS, Robotics, Weather Balloon, payload integration, rocket propulsion and space life sciences, to name a few. They will meet NASA engineers, scientists and researchers to assist them mould their future careers.

Session 1: June 19 – 23. (9:00 am – 4:00 pm)

Session 2: June 26 – 30. (9:00 am-4:00 pm)

Tuition is \$300, with a 10% discount for badged KSC employees, CCAFS, PAFB and retired KSC personnel. Early drop-off and late pick-up hours available. For more information, please go to our website: <http://www.floridaspaceauthority.com/> Click on the 'Florida Space Academy' icon or please call (321) 730 5301.

LOGISTICS SCHOLARSHIP: The Space Coast Chapter of the Society of Logistics Engineers is offering a \$2000 scholarship towards a degree at Brevard Community College. Deadline for applications is May 5, 2006. For more information contact Leman Booher, Vice- Chair Education at 727-3672, Ex 3193 (after 5:00 pm, 373-4651) or Jan Hall, SOLE Chairman, 537-1582/452-0530.

UNIVERSITY OF MIAMI (Cape Canaveral Programs): The University of Miami will begin accepting applications for the Master of Science in Management of Technology (MSMOT) starting June 2006 and the Master of Science in Industrial Engineering (MSIE) starting July 2006. Both programs will be taught in Cape Canaveral. Courses are held Friday evenings and Saturdays to accommodate working professionals. For more information and to receive an application/brochure, please call Mr. Augusto Roca, Program Administrator at 1-305-284-4100 or send email to augusto@miami.edu.

PERSONALS



KSC Recycles

REAL ESTATE FOR SALE

House: 3bd/1.5ba, block construction, \$163,000, Cocoa, 266-9516.

House: 3bd/2ba/1cg, 1372sf + 450sf garage converted w/air, see at: <http://tinyurl.com/qwp3q>, quiet cul-de-sac next to BCC Cocoa Campus, \$203,000, 638-2056.

House: 3bd/2ba/2cg, den/office, 2012sf, 1.04 acres, big trees, offering \$5000 at closing, Friday Road, West Cocoa, \$309,900, 321-453-3138.

House: 3bd/2ba, family room, large screened in porch, alarm system, lakefront, Indian River Villas, Merritt Island, \$229,000, 453-6795.

House: 3bd/2ba/1cg, 1096sf, Merritt Island, \$178,000, 321-568-3301.

House: 3bd/2ba, pool, on lake, Sunset Lakes, North Merritt Island, \$415,000, 271-0570.

House: 3bd/2ba, corner lot, fenced, fireplace, extras, Port St John, \$179,900, 321-795-5208.

House: 3bd/2ba/2cg, den w/closet can be 4th bd, all appliances included, 2360sf, built 2003, new neighborhood, Titusville, \$240,000, 407-267-2986.

House: 4bd/2ba/2cg, 1716 living, 2756 total, corner lot, Titusville, \$189,900, 321-3149.

House: 3bd/2ba/2cg, 2500sf under air, community dock & boat launch, 12,000 watt generator, new roof, hardwood floors, rollup shutters, \$297,500, 720-0770.

House: 3bd/2ba/2cg, 2700sf, super amenities, 55+, Heritage Isle, Viera, \$370,000, 321-951-0347/321-726-9442.

Condo: 1bd/1.5ba, new, gated community w/heated pool/jacuzzi, rec room, cathedral ceiling, view of lake, Cape Canaveral, \$178,900, 961-8178/960-5899/272-2482.

Townhouse: 2bd/2.5ba/1cg, close to beach, courtyard, new roof, fence, soffit, fascia 1454sf, no HOA fees, Cape Canaveral, \$279,900, 321-626-7015.

Townhouse: 3bd/2ba, 1881sf, 4 blocks to beach, many upgrades, sprinklers, security, hurricane shutters, split plan, Cape Canaveral, \$452,500, 321-799-0884.

Townhouse: 3bd/2.5ba, new roof, new A/C, new custom plantation shutters, close to shopping, Waterford Lakes, Orlando, \$219,900, 407-275-2252.

Townhouse: 4bd/2ba, garage, 1545sf, large yard, privacy fence, corner lot, tile throughout, kwhalen2@hotmail.com, Rockledge, \$199,999, 504-4180.

Timeshare: Sleeps 6, full kitchen, 2 pools, trades red, summer float week, Christie Lodge near Vail, Colorado, \$6200, Bill, 407-352-2339, after 6:00 pm.

4-Plex: 1bd/1ba units w/garages & washer/dryer hookups, tenant occupied, total of 4, Cape Canaveral, \$575,000/BO, Patronskey, 321-302-0439.

Mobile Home: 3bd/2ba, completely remodeled, new siding, roof, flooring, paint, cabinets, stove, golf course view, \$115,000, 593-2952/749-7702.

Mobile Home: 4bd/2ba doublewide w/2bd/1ba home and detached garage on 2.42 acres, Mims, \$230,000, 321-501-3394.

Acreage: 7.5 acre farm w/2 houses, garage, barn & other bldgs., good view of mountains, pics available, in western North Carolina, \$269,500 Kathy, 269-4505.

Acreage: 5 acres, close to KSC, 1.5 acres cleared, North Merritt Island, \$279,000, Chris, 298-9812.

AUTOMOBILES AND RV'S FOR SALE

1985 Honda Accord SEi, \$500/BO, Mike, 543-7838.

1986 Z28 Camero, runs good, P/W/L, A/T, \$1100/BO; 1990 Honda Civic, P/W/L, A/T, runs great, \$300/BO, 321-749-5573/321-698-8376.

1987 Cadillac DeVille, body good, runs good, \$900/BO, 453-7473.

1988 Ford F150 1/2 ton 4x4, w/aluminum toolbox, CB, new battery, A/C needs charge, runs good, \$1600, Jim, 684-3919.

1991 Acura Integra 180K miles, manual transmission, A/C, runs well, fair shape, images available, \$1500, 268-4358.

1991 Ford E150 high top van, new tires, brakes, radiator, dual air, 70K miles, BO, 269-8320.

1993 Olds 98 Regal, good motor, transmission, parts car, \$400/BO, 631-9229.

1995 Jeep Wrangler, 4.0L, 4" lift, hard top and soft, 411 gears, new 35" buckshots, full doors and half doors, runs good, \$8200/BO, 302-0393.

1995 Nissan pickup extended cab, V6, cold A/C, 5-speed, C/C, CD, \$3800, 321-271-8547.

1996 Chevy Silverado extended cab, red, 5.7L V8, 96K miles, excellent condition, small dent in tailgate, tires fair, \$6000/firm, 321-383-1563.

1996 Saturn 4-door, 90K miles, 5-speed, P/S, P/B, A/C, AM/FM/cassette, 1 owner, excellent condition, needs tires, \$2650/BO, 255-7448.

1996 Cougar Limited Edition, 119K miles, black, gray leather interior, loaded, sunroof, \$2800/BO, 639-0382.

1996 Chevrolet C1500 2wd regular cab short bed, 4.3L V6, 5-speed, 3.08 rear, black exterior, red interior, toolbox, \$3200, 632-5125/302-3641.

1997 BMW 318ti, 2-door, 5-speed, manual, A/C, P/S, P/W/L, sun roof, AM/FM/CD, 116,700 miles, \$4800, 321-302-1299.

1997 Safari van, 8 passenger, original owner, 96K miles, excellent condition, dual A/C, cloth seats, FM/tape/stereo, P/S, P/W, tilt, CC, new tires, \$5500, 794-7927.

1998 Chevrolet Cavalier, black exterior, grey interior, 76K miles, 2.2L, 5-speed, tinted windows, \$1800, 632-5125/302-3642.

1999 Nissan Sentra GXE, black, 1 owner, 85K miles, \$3495, Rick, 693-1452.

2000 Honda Accord LX, 70K miles, runs perfect, \$8950/BO, 228-424-1246.

AUTOMOBILES AND RV'S FOR SALE (Continued)

2000 Honda Accord EX, 2-door, 102K miles, Kelly Blue Book, leather, sliding sun roof, spoiler, side airbags, all the extras, \$11,600/retail, \$10,500/BO, 267-5045.
2001 Ford 350, Super Duty 4" lift, super chip, new 35" BF Goodrich/wheels, 4-door, black, Lariat package, nice ride, \$26,000, 302-0393.
2001 Dodge 1500 extended cab, 5.9L, tow package, all power, 70K miles, \$2000/BO, 690-1279.
2002 Hyundai Accent GS, A/T, P/S, cold A/C, well maintained, 60K miles, \$4900, 454-7674.
2002 Chevy Blazer, V6, 4-door, 2wd, looks and runs great, 70K miles, \$12,000/BO, 626-4077.
2003 Nissan Frontier King Cab XE, 25K miles, excellent condition, \$10,750, 298-5695.
2003 Chevy 1500 Z71 4x4 LS, 5.3L, V8, 39,200 miles, all power options, tow package, tilt wheel, C/C, \$17,000/BO, Chris, 321-863-4030.
2005 Four Winds 31P RV, Class C, 31', 1 slide, TV, 4.0 generator, sleeps 7, 3800 miles, \$64,500, 321-268-5669.

HOUSEHOLD FURNISHINGS FOR SALE

Cigar Humidor, large cabinet style, 24" w x 24" d x 30" h, holds 20 boxes, two pull-out drawers hold 100 cigars each, \$285, Bill, 454-0900.
Sealy Posturepedic queen mattress, boxspring, rails, headboard, like new, \$100, 321-403-0701.
Household furniture, antiques, Howard, 631-3210.
Beige waterfall sofa w/queen bed, 3' x 7', beige love seat, 3' x 5', \$165/both; 6 drawer wood dresser, \$25; coffee table, \$30, 720-0912.
King bed frame w/brass headboard/footboard, \$150, 632-3017.
Queen waterbed, \$50; rattan dinette set, mauve, 48" glass top table, 4 chairs, \$95; 2 large area rugs, \$10/each, 453-4518.
Two swivel bar stools, solid wood, southwestern style, \$65/both, 632-0324, leave message.
Youth solid pine bedroom set: bed has cubbie & 6 drawers below, triple dresser w/mirror & nightstand, \$225, 634-5231.
Armoire, for clothes or TV, hinged doors in front, 4 drawers, scrollwork top, beautiful, excellent condition, can email pics, \$400, 639-9736.
White lacquer bedroom set, night stand, armoire, \$200/BO, Patti, 452-5038.
Wall unit/TV: wood laminate unit, shelves, glass doors, component/media storage; Toshiba 36" TV, 2 yrs old, can email pics, \$700/both, 321-591-7240.
Rolltop desk, light wood, \$100; cedar chest, \$50; patio furniture w/palm tree cushions, \$150; dining tent, 8x10, w/screen, \$10, 639-0044.
Broyhill Fontana furniture: entertainment center, \$500; secretary, \$100; dining table w/6 chairs, \$100, 268-2446.
Entertainment center, light oak, glass doors, lights, floating bridge, expandable, large, \$700/BO, email pic, 784-1846.
Select Comfort mattress w/matching foundation and pump, twin size, new condition, includes bed frame and brass headboard, \$275, 267-8147.
Queen size mattress, like new condition, barely used, \$150, 321-750-9250.
4 piece sofa set: sofa, 2 loveseats, ottoman, grey, contemporary design, brand new, \$950/BO, 321-861-7257.
Vanity, black metal w/mirror, padded stool, 2 glass shelves, \$80, 639-8865.
PVC patio furniture, Palm Casual, 4 chairs w/cushions, 48" white octagon table, \$100, 268-5669.
Crib, dark wood & Sealy mattress, like new, \$200, 321-302-2771.
Futon bunkbed sofa, \$200/BO; dark wood roll top desk, \$100/BO; 6 drawer dresser, \$50/BO, black metal desk w/chair, \$35/BO, 407-568-4877, after 7:00 pm.
Entertainment center, \$100, 321-514-4279.
Oak entertainment center, very nice, high quality heavy oak veneer, smoked glass doors, \$150, 631-8783.
King sleigh bed w/box springs, was \$1000, now \$750; patio table, \$30, 747-0586, leave message.
Recliner, from Ashley's, coffee color, leather, 1 year old, excellent condition, paid \$600, sell \$200/BO, 407-688-1788.
King size, wrought iron canopy bed, \$100/BO, 386-423-4988.
2 white loveseats, brand new, \$300/BO, 321-501-3394.

APPLIANCES FOR SALE

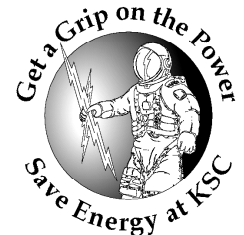
Espresso machine, \$10; bread maker, \$10, excellent/new condition, Jackie, 799-6004.
GE refrigerator, side-by-side, water/ice in door, almond, good condition, \$150, 453-4518.
Refrigerator, Maytag, Side-by-Side, RSW2400, \$300; microwave, Sharp over range, 1.4cf, R1492, \$100, 632-8640.
Kenmore 80 Series heavy duty super capacity washer, works great, \$50; Kenmore 18cf upright freezer, \$20, Linda, 632-0949.
Skybox soda refrigerator dispenser, like new, \$350, 951-8753.
Stove, white, \$150, 747-0586, leave message.

MOTORCYCLES, ATVs & EQUIPMENT FOR SALE

1966 Honda Dream, red, w/title, muffler & seat, runs perfectly, good original condition, \$1650, 268-4358.
1991 Suzuki GS500E, great starter bike, 22K miles, reg oil changes, new battery, rough exterior, pics on request, \$1100/BO, Shaun, 321-662-0824.
1999 Harley Davidson Dyna Wide Glide, twin cam 88, 34K miles, great condition, \$13,500, 951-8753.
2000 Suzuki Katana 750, gunmetal grey, 8K miles, new tires and battery, Geza cover, all stock, \$3500/BO, Stephen, 795-5571.
2001 Honda XR80, nice condition, \$1200, 631-8783.
2003 Honda 50cc dirt bike w/training wheels, purchased new 2005, garage kept, excellent condition, \$90/BO, 321-302-8574.
2003 Honda CRF150, low hours, great condition, \$2000/BO; 2005 Suzuki SV650S, 1500 miles perfect condition w/extras, \$6000/BO, 454-2164/223-6524.
2004 Honda VTX 1300C, 5500 miles, \$6800, Blake, 383-4567.
2004 Yamaha 650V-Star custom, 8500 miles, garage kept, pearl white, like new, extras, \$5000, Patty, 631-8382.
2004 Vulcan Classic 1600, V&H mufflers, hyper charger, light bar, dual back rests, windshield, \$6900, Mike, 302-1805.
2004 Suzuki GSXR1000, black/silver, 2.9K miles, super clean, adult owned, 168 rw HP by Full Spectrum Racing, too much to list, very fast, \$10,000, 698-0465.
2005 Suzuki 800-M50, 2000 miles, shaft drive, wide tires, all black, 55 miles to gallon, all extras, perfect condition, \$5500, John, 638-8602.
Honda CR 250 2-stroke, maybe 10 hours, excellent condition, like new, custom kick-stand, gold chain, \$3100, 633-7585.
Haynes motorcycle basic and fuel systems tech books, \$12/each, 267-8029.
Motorcycle boots and riding pants for a 3-4 year old, brand new, \$5, Nicki, 386-423-4988.
4" stretch tanks, fit Harley-Davidson Softail, 9" rear Sumax fender w/custom struts, Springer lowering kit, all parts included, \$400/BO/all, will separate, 321-480-2093.

BOATS & EQUIPMENT FOR SALE

9'6" Rascal kayak, Voyager paddle, 5 point adjustable seat, 1 dry compartment, have pics, \$250, Nicki, 386-423-4988.
12' aluminum Jon boat, V-hull, rated for up to 10hp, \$100/BO, 321-266-6963.
14' O'Day Javelin saliboat, great condition, w/trailer, \$850, 632-3017.
16' Chrysler Bowrider, tilt trailer, 85hp Evinrude, \$650; 9' sit in kayak, \$100, 652-4430.
17.5' Glasstream, 130hp Yamaha, SS prop, Minn Kota troll, galvanized trailer, depth/fish finder, new carpet, \$1800, 407-366-9908.
18' 2001 Caravelle bowrider, V6 4.3, Mercury I/O, never in salt water, 60 hours, excellent condition, garaged, \$15,900, 698-2856.
18' 1999 Bayliner Capri 1750, 135hp I/O Mercruiser, bimini top, trailer, sundeck and more, \$6500, 321-323-4367.
19.5' 1998 Bayline, 135hp, I/O, great condition, low hours, \$4900/BO, 268-5936.



BOATS & EQUIPMENT FOR SALE (Continued)

23' 1978 O'Day sailboat, new main, 6hp, Evinrude, head, fresh bottom paint, great condition in and out, \$2500, 223-1101.
28' 1985 Carver Rivera yacht, 2 cabins, full head, galley, good condition, must see, \$20,000/BO, 321-258-5490.
Yamaha Wave III & Blaster, 2 w/trailer, etc., \$4500, 268-0338.
Trolling motor, Minn Kota, 60lb trust, 24 volt, foot control, excellent condition, used very little, \$200, 302-2383.
2001 Mercury 25hp short shaft tiller, \$1200/firm; 1996 Suzuki 25hp, 3cyl, oil inj. long shaft remote w/controls, \$1200/firm; 1985 75hp Mariner w/trim, \$1200, 302-8040.
Saltwater Minn Kota Rip Tide bow mount trolling motor, tiller handle w/extension, 50lb thrust, \$250, 632-5622.
1978 55hp Johnson outboard, stainless prop, ran good when pulled from boat, \$250/BO, Stephen, 795-5571.
Motor support bracket for outboard lower unit, \$5/firm, 269-3897.
Chevy 350 airboat headers, \$200; Holly 650 carburetor, \$100; aluminum expansion tank, \$40, 321-624-7603.

MUSICAL INSTRUMENTS & ELECTRONIC EQUIPMENT FOR SALE

4 TV's, sizes from 19" to 26", Hitachi, Toshiba, RCA, Philips, all work, BO/all or sell separately, Zaintz, 407-365-8702.
Optimus 500 watt home theatre receiver, 5 disc CD player, 15" Cerwinvega plug in bass, center speaker, 2 medium speakers w/stands, \$200, 455-9812.
35" RCA TV, older model, good picture, \$135; printer, HP Photosmart, \$40, Harv, 639-2521, leave message.
Brand new Rockford Fosgate amp, P8002, speakers, P3, speaker box and wiring, \$500, 268-5936.
Ludwig Rockers drumset, silver, 4 Sabian cymbals, one Power Bell Ride HH, 3 stands, cowbell, wood blocks, pearl pedal, no Hi hat, \$700, 453 6237.
Kodak DX3700, extras, \$130; Minolta zoom, \$65, 268-0338.
Sony surround sound system w/Bose speakers, \$300, 951-8753.
TV antenna, large model, \$10, 631-3566.
Speakers: Polk Audio, 3-way floor, model C10, excellent condition, \$100/BO, 777-6567.
Power Macintosh 6100 w/monitor, keyboard, LaserWriter Select printer, Apple Onescanner, all excellent condition, BO, 321-436-0668.
Kimball upright piano, \$500, Nicki, 386-423-4988.
Icom Communications receivers/scanners: R-10, \$175; R-7000, \$350; R-8500, \$1100, Bruce, 454-9389.

MISCELLANEOUS FOR SALE

Hurricane shutter panels, heavy gauge aluminum, total of 46 panels, various lengths, 43" to 84", enough for a 3 bedroom house, Bill, 454-0900.
Basketball hoop, portable \$50; aluminum back board w/hoop, \$40; aluminum platform lift, \$150, 321-639-0304.
2 LeapPadPro Educational Systems, \$10/each; Nebulizer, \$30, all in excellent/new condition, Jackie, 799-6004.
Clipper Masonary wet saw, industrial duty, 1-1/2hp, electric, 38"x 22", motor runs, \$25, Kevin, 268-3610.
Diamond plate low profile tool box, fits 2003 Frontier or small pickup, \$125/BO, Al, 783-9713.
2000 Tractor 7300, 4wd, Club Cadet, w/bushhog mower & boxblade, \$8000/BO; trampoline, good condition, \$90, 403-4613.
Hot Wheels, over 800 new cars from 1995-1999, 12 Treasure Hunts, First Editions, 5-packs, variations, \$1200/BO, 407- 491-5713.
Ford full size truck, 6-1/2' bed, drop-in bedliner, new in the truck 3 weeks ago, not a scratch, \$100/BO, Alex, 917-9814.
Jeep Wrangler, hard top, black, \$550/BO, 321-302-5415.
Exercise machine, elliptical motion, \$50, 453-4518.
7 gallon Phoenix Roebelenii, pygmy date palms; 3 gallon finger palms, 269-8320.
Girls 20" bike, \$15; diamond plate tool box, for small truck, \$100, 632-5622.
Trek 24" girls mountain bicycle, one owner, new condition, \$75/BO, 407-222-6322.
Cargo shade cover, never used, 1995 or newer Tahoe/Yukon/Suburban, beige, \$125, 777-2223.
Golf club: Cobra 400SZ driver, Graphite, Stiff Flex, good condition, \$75; Cleveland TA6 Irons, 3-PW, good condition, great set, \$225, 636-4325.
5' French door, full glass, smooth fiberglass, 5-1/4" jam inswing, lock/deadbolt prep w/composit frame, \$650, 459-0027.
1/24th scale die cast car cases, 21, \$5/all, will separate; boys 24" mountain bike, \$35, Mike, 267-8029.
Jet table saw w/run-off table, \$175, 634-5231.
Cannondale R600 Cad2 45cm road bike, \$250; Trek 8000 WSD trail/mountain bike w/Judy Rock shocks and Shimano componets, \$700, 321-268-1144.
Chinese Kung Fu uniform, top & pants, navy blue w/white cuffs & collar, size XL, runs small, like new condition, \$80 new, sell \$20, 794-6151.
Cub Cadet riding lawn mower, 2 years old, shaft drive, 42" cut, like new condition, 60 hours only, model # 2166, \$2000, 321-636-1251.
Nordic Track elliptical exercise machine, like new, \$350, 951-8753.
Gas powered RC truck, 4x4 Traxxis, 759-5957, after 6:00 pm.
Commercial grade, weight assisted, chin-up/dip machine, seated leg press/hack squat machine w/weight rack, plate weights, BO, 321-751-1159.
Bowflex Power Pro, 210lbs resistance, leg attachments, instruction book, great condition, \$500, 795-3859.
Vintage jewelry, large collection; box of rookie sports cards, \$20, 383-9664, after 6:00 pm.
Yard Machines edger, 3.5hp Briggs & Stratton, used 10 times, \$100/firm, 302-0764.
Large PetMate pet porter, \$20, 639-8865.
A/C unit, self contained package, 2.5 ton w/electric heat, clean, works good, 12" round supply, 14" return, \$150, Rick, 749-5766.
Triathlon/Time Trial bike: TCR@Aero 23 (giant) only 260 miles, Look pedals and shoes, \$1200, 427-2467.
Craftsman garage door opener, \$60; Medela breast pump, \$40, 698-6968.
Graco playpen & matching stroller, great conition, \$100, 321-302-2771.
2 10x24x12 ammo boxes of #8 12 gauge bird shot for skeet shooting, \$50, 863-0572.
Complete Ford 9" rear end, total width 60", new 31 spline axels, 5 on 4.75 pattern, trac-loc w/all new parts, 4.11 gears, \$1275, 631-8372.
55 gallon saltwater aquarium, established water, natural wood stand, \$1000/BO, 321-302-8574.
1913 Davis Co. treadle sewing machine w/attachemnts, all original, great shape, \$145, 254-0078.
2 215/55/16 Kelly tires, low miles, \$25/each; 2 antique water skies, Cypress Gardens Mustang, \$50/pair; 3/4 carat diamond solitaire, yellow gold, \$1000, 453-1880.
2005 Bladez electric scooters, lon model w/seat, used very little, \$75/each; RV rooftop air conditioner, 13,500 BTU, used 6 days, \$400, 631-8783.
Garage door, 9x7, steel, w/windows, brown, used, \$10, 783-9085.
Shed, 8x8, wood frame w/T-111 siding, good condition, 2 years old, u-haul-it-away, \$900/BO; Surfboard, Illusions, 6' 3" long, good condition, \$175, 383-0185.
Foosball table, \$10; e- treadmill, \$50, 321-747-0586, leave message.
Mason jars: 26 quart & 6 jam jars, \$10/BO, Nicki, 386-423-4988.
Treadmill, Weslo Cadence 850, \$75/BO, Jeff, 321-633-4489.
4 tires 235X75 15", chrome rims, great tread left, \$100/BO, 321-258-5490.
Windsurfing rig: complete board w/3 sails and 3 booms, \$750, Clark, 223-6190.
Sears hydraulic floor jack, 3300lbs, needs repair, \$5; ATV Mud Bug tires, rear AT26x12-11, front AT26x10-12, new condition, fit Honda Rancher AT, \$15/each, 269-3897.

MISCELLANEOUS WANTED

Scooter or small motorcycle, not running, cheap, Tim, 446-6407.

Trailer hitch to fit 2002 Mercury Villager van, reasonable, 783-9713, leave message.

Tony's Gazelle type elliptical exercise machine, in good usable condition, 984-8114, leave message.

Pool filter for a 12' above ground blow up ring pool, Carter, 631-4116

Fixer-upper utility trailer for motorcycle, must be minimum 8' long w/minmum 14" wheels, Rand, 631-3921.

1988-1993 3 speed transmission and front seats for Dodge Caravan/Voyager, 504-3322.

Puch moped/mini bike, 50cc engines for parts/rebuild, 80's models, 268-0948.

15' aluminum telescoping outriggers, 1-1/8" base, Chad, 454-3786/795-6853.

Surfboard, 6'6 - 7'2, will pay \$50, \$150, 501-2170.

Ford Ranger or Mazda B2300 1994-1996, manual, good condition, A/C, cheap, 407-482-9278.

Class 3 hitch for 1995-2002 S10 pickup, TJ, 632-6380.

Used pool table in good playing condition, 268-5185.

35-40hp short shaft boat motor, 321-591-6289.

Cubix Robot toy, Cubix game, game cube version, and Cubix DVD, 506-2595.

